

THE BIG BUDDY PROGRAM

The Big Buddy Program is open to any Dalby and Oakey Indigenous Youth aged 12-17 years. Outcomes focused:

1. Promoting Life Skills

- a. Events Management
- b. Exposure to small business
- c. Improving self-worth
- d. Catering and budgeting skills

2. Mentorship

- a. Pairing youth with role models
- b. Utilizing High Profile People

3. Education

- a. Homework support
- b. Accredited training
- c. Support with awareness of and assist with traineeship / scholarship applications
- d. Improving health literacy

4. Improving Social Interaction

- a. After school activities
- b. Sporting / cultural events
- c. Discos
- d. Other events



For further information contact
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or check us out on Facebook



www.goondir.org.au

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Big Buddy Program Dalby & Oakey, Qld



**Empowering Indigenous youth to achieve
their full potential & thrive through
Promoting Life Skills, Mentorship,
Education & Improving Social Inclusion**

Goondir acknowledges all support provided by the
Australian Government

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THE BIG BUDDY PROGRAM (BBP)

The BBP aims to assist youth identify enabling behaviors which will deter them from drugs and other substance use and guide them towards a positive and healthy future.

The focus group are Indigenous youth residing in Dalby and Oakey who are aged between 12 -17 years old.

The BBP focuses on the 4 key components;

1. Promoting Life Skills;
2. Mentorship;
3. Education; and
4. Improving Social Inclusion.

PROMOTING LIFE SKILLS

Our Indigenous youth will be provided with invaluable skills and experience in food handling and small business exposure. This includes events planning, money handling, customer service and catering skills.



MENTORSHIP

It is not just Indigenous youth who benefit from mentoring. According to Youth.org (2016), bene-

- o Increased self-esteem;
- o A sense of accomplishment;
- o Creation of networks of volunteers;
- o Insight into childhood, adolescence, and Young adulthood; and
- o Increased patience and improved supervisor skills



Ashley Taylor, Gold Coast Titans
NRL star - supporter of the Big

"Mentoring, at its core, guarantees young people that there is someone who cares about them, assures them they are not alone in dealing with day-to-day challenges, and makes them feel like they matter"

EDUCATION

IBERA is a state-of-the-art health tool, designed to make it easy for all health practitioners and teachers to educate patients and students of all ages by using an animated and interactive app to understand the human body.



IMPROVING SOCIAL INCLUSION

The Big Buddy Program aims to achieve this objective through social interaction, such as trips to National Rugby League matches, camping out, disco nights and after school sports activities.

The organised camps will focus on character development and leadership qualities with an emphasis on self worth and defining individual success.

All participants have the opportunity to challenge themselves as an individual and as a team member. Activities focus on problem solving, team building, leadership and communication.

